

# Interlude<sup>®</sup>

The Ultimate Experience.

An adult computer program.

For Apple II (16K) and TRS-80 (Level II-16K)

# Special Notes

1. SYNTONIC GUARANTEE: We have used the highest quality magnetic media for the INTERLUDE program. It is highly unlikely that you will experience any defects or problems with your cassette or diskette; however, in that unlikely event, we will replace any defective cassette or diskette free of charge for the first 90 days. Thereafter, we will replace the magnetic media for the following prices:

Cassettes: \$5.25  
Diskettes: \$6.25

The worn or defective cassette or diskette MUST be returned to Syntonic if a replacement is requested.

2. NOTE TO CASSETTE USERS: To replay the INTERLUDE program you must reload the cassette. We would have preferred to allow you to replay the program without reloading; however, this program, which requires 44K in its Basic version, has been compressed to 16K only through the use of extensive memory overlays, encryptions, and other forms of compression. Hence, it is necessary to reload the cassette after each use.
3. VOLUME SETTING FOR CASSETTES: The recommended setting for the volume control is "6".
4. NOTE TO TRS-80 DISKETTE USERS: Be particularly careful that the diskette is centered in its jacket as suggested on page 7 of your Radio Shack Information Guide. If you have a loading problem, in all probability it can be cured by careful alignment of the diskette.
5. BLANK SCREEN: When the computer selects an Interlude and displays its number on the screen, you may hit either "D" for a different Interlude or "X" to exit the program. If you hit "ENTER" or "X", the screen will go blank. There is nothing wrong with your computer--it is simply the end of the program.

6. SPECIAL INSTRUCTIONS REGARDING ZONE QUESTION

DURING INTERVIEW: If you are asked the question: "Which of the following erogenous zones would you like your lover to concentrate on?", please proceed as follows: From a list of ten zones, choose as many as you wish and enter that *total* number into the computer. For example, if you choose three different zones, enter the number "3". Then you will be asked for "Zone ID for Selection #1." At this point you should enter the identifying number of the first zone you selected. If, for example, you selected No. 2, No. 7, and No. 9, enter "2"; then continue in the same manner as the computer asks for the Zone ID of the second and third zones.

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# Introduction

Hardly anyone is neutral about sex. The mere mention of the word elicits strong opinions, both positive and negative. But on one very basic level, sex is *adult's play*! It is an area in which we as adults can release our inhibitions and just *play*. We can indulge our fantasies, explore new sensations, play games with each other--all within the private boundaries of an intimate relationship.

The Interlude program can help you discover or rediscover the playful, the exciting, the erotic qualities in your relationship, as well as revive the romance and tenderness that may have slipped away unnoticed.

The program consists of an interview given to one or two persons to determine their sexual moods at the time of the interview. You may be asked from three to ten questions. These questions are directed toward discovering your level of sexual desire, your feelings toward active or passive roles, and your desire for a romantic, playful, serious, or slightly kinky experience. You are also asked whether you want to experience the Interlude immediately or at some later date. (Later Interludes require special preparation or special places.) In addition, there are occasionally questions about special factors or special erogenous zones which may be included in an Interlude. Questions for each area vary, and it is extremely rare that you will be asked the same set of questions on subsequent interviews.

Once the interludes are over, the computer **selects** from its memory of Interludes the one best suited for you at this time. You are then directed either to the manual for instructions or, if the computer has selected one of the secret Interludes, the instructions will appear on the screen.

The objective at this point is to go forth and enjoy the Interlude!

While some of the Interludes may not appeal to everyone, all were based on research and/or personal experiences of couples interviewed for the program. In those cases where the selected Interlude does not appeal to you, the program design allows for alternate choices.

Instructions for playing Interlude are detailed on the following pages. Please read them carefully so that your responses to the computer interview will accurately reflect your feelings and the computer can present you with the perfect Interlude each time you play the game!

**CAUTION:** *This program was designed as a game. It should not be used in lieu of a professional counselor or as an attempt to solve sexual dysfunctions.*

# Instructions

*For maximum enjoyment of the interlude program, it is strongly suggested that you read the Interludes in this manual only when instructed to do so by the computer!*

## 1. LOADING THE PROGRAM.

TRS-80 Cassette (Allow 4 minutes for loading.)

In the following instructions the words or symbols that are underlined will appear on your screen.

- The recommended setting for the volume control is "6".
- Load the cassette in the recorder and press PLAY.
- Power up the machine:  
MEMORY SIZE? Press ENTER.

d. From BASIC, get into SYSTEM MODE:

- > Type in SYSTEM. Press ENTER.  
? Type in INTER. Press ENTER.  
? Type in / . Press ENTER.

e. Program begins.

f. Stop and rewind cassette.

g. At the end of Interlude program, the system returns to BASIC LEVEL II.



## TRS-80 Diskette

- a. Load the diskette into the drive. NOTE: Be particularly careful that the diskette is centered in its jacket as suggested on page 7 of your Radio Shack Information Guide. If you have a loading problem, in all probability it can be cured by careful alignment of the diskette.
- b. Power up the machine.
- c. The program automatically loads and starts.
- d. Remove the diskette.

## APPLE Cassette (Allow 4 minutes for loading.)

- a. The recommended setting for the volume control is "6".
- b. Load the cassette in the recorder and press PLAY.
- c. Type in 800.3FFFR . Press RETURN.
- d. When tape stops loading and Prompt appears, type in 800G . Press RETURN.
- e. Program begins.
- f. Stop and rewind cassette.
- g. At the end of Interlude program, the system returns to MONITOR MODE.

## APPLE Diskette

- a. Load the diskette into the drive.
- b. If the disk controller card is in slot #6, type in \*C600G (RETURN) or \*6 (CTRL) K (RETURN) or \*6 (CTRL) P (RETURN)
- If the card is in another slot, simply substitute that slot # for 6 in above instructions.
- c. The program automatically loads and starts.

## 2. HOW TO PLAY INTERLUDE

Once the cassette or diskette is loaded and the program has begun, the following sequence will take place.

- a. You will be asked how many are playing the game. Your answer should be "1" or "2". You may wish to play the game with your partner, in which case you would press "2". If you wish to play the game alone in order to plan a later Interlude, you should press "2" and answer the questions for your partner as well as for yourself. You may also play the game with only one set of questions by pressing "1". If "1" is pressed, you will be asked whether you are male or female.
- b. Next you will be asked whether you want an Interlude for now or later. Now means immediately following the interview. Later will call up those Interludes that require special preparation or special places. Later Interludes include some that both parties plan together and some that one party plans as a surprise for the other.
- c. Next you will be asked to type in the players' names.
- d. Now the interview questions begin, first for one player, then for the other. Answer the questions as honestly as you can so that the computer can choose an Interlude that matches your desires and moods as closely as possible.

### 3. SPECIAL INSTRUCTIONS

e. After the interviews the computer will select an Interlude for you. The selection process changes from interview to interview so that identical answers will not result in the same Interlude. For example, the program will sometimes select the Interlude desired by one of the parties; at other times it will choose the best compromise to satisfy both parties.

f. When the selected Interlude appears on the screen, *only the person to whom the instructions are given* should turn to that Interlude in the manual because there may be an element of surprise involved for the other party.

g. If the Interlude chosen is one of the secret Interludes that are hidden in the computer, the instructions will appear on the screen. The person *not* being interviewed should leave the room and not view the screen. These secret Interludes are hidden for a surprise to maximize your enjoyment. Many of them will be called up only by a rare combination of moods. Secret Interludes can be identified in the manual by statements such as "Your instructions are in the computer."

h. If the Interlude to which you are referred does not appeal to you (or if you receive a "summertime" Interlude in the middle of winter), the computer will give you instructions for calling up an alternate. Several alternates are available for each interview.

a. Many of the Interludes call for certain accessories. The most common ones which you may wish to have on hand include scented body oil, bath powder and puff candles, mirrors, velvet and satin ribbons, sexy lingerie, and a vibrator. Other accessories are part of special Interludes and may be obtained at the time the Interlude is selected for you.

b. There are several *Light* bondage and *Light* S/M Interludes. (There are no true sado-masochism games with whips and chains!) These Interludes can be pleasurable and exciting for both partners, but you should take care to observe certain rules.

Use velvet or satin ribbons for "rope" to tie your partner in bondage games; they will hold securely without hurting. Be sure not to make the bonds too tight. You should *never* leave your partner alone even for a minute when he or she is bound. You should agree beforehand on a special signal to indicate that something is wrong (bonds may be too tight something may really be hurting). The signal should be clearly distinguishable from cries of passion; a Morse code "grunt" or something similar would suffice, and it should *always* be honored. Always untie your partner quickly after a bondage game is over.

# Interlude

- c. Because the Interludes are directed toward a wide audience, you may find some that will not be to your liking. Ignore those and enjoy the ones that turn you on.
4. If you have any problems or questions about the Interlude program, please write to:

SYNTONIC SOFTWARE CORPORATION  
10428 Westpark  
Houston, Texas 77042

# Interlude No. 1

## A BED OF ROSES

### *Instructions to him:*

Surprise your lady with roses . . . but not in the usual way.

Buy several dozen roses. While your lady is taking a bath, scatter the rose *petals* over the sheets. When she comes from her bath, lay her down in a bed of roses and make love amid the fragrance.

## Interlude No. 2

### THE SOUND OF MUSIC!

#### *Instructions to both:*

Dress in loose robes and select your favorite music for the stereo. (Suggestions: Ravel's *Bohéro*, Ralph Towner's *Solstice*, Keith Jarrett's *Solo-Concerts/Bremen/Lausanne or Piano Concerto*.)

Begin with champagne and kisses. As your passion grows, put on headphones (both of you) and continue kissing--just kissing--and sipping champagne. Slowly expand your activities to touching, caressing, and exploring each other's bodies. Spend up to an hour kissing and touching. Make love on the sofa to the sound of music. (You should probably remove the headphones first!)

## Interlude No. 3

### PUSSY CAT

#### *Instructions to him:*

Brushing your lady's hair can be a sensuous experience for both of you.

Have her sit comfortably at your feet, her back to you. Start by massaging her scalp with your fingertips. Then brush her hair with 100 slow, gentle strokes. When you have finished, massage her temples with a firm circular motion, then move around her hairline to the base of her neck and to her shoulders to give her a firm shoulder massage. Kiss the back of her neck just where the hair begins to grow. Let your kisses and her responses guide you through the rest of this Interlude.

## Interlude No. 4

### DOUBLE YOUR PLEASURE

*Instructions to her:*

The next time you make love, try this to double your pleasure. When your lover enters you, turn on your vibrator and place it on your clitoris so that he can also feel its vibrations. Come together this way.

## Interlude No. 5

### AS YOU LIKE IT

*Instructions to her:*

Tonight you will get exactly what you want. Your instructions are in the computer.

*Instructions to him:*

Leave the room until your lover calls you.

## Interlude No. 6

### A GIFT OF LOVE

*Instructions to him:*

Your lady is tired tonight. Express your love by holding--just holding--her in your arms as you both drift off to sleep. When morning comes, wake her with light kisses and early-morning cuddling. Kiss her face, neck, breasts. Make your way slowly down her body and bring her to full awakening with cunnilingus. Take nothing for yourself, even if she offers to reciprocate. This is a gift to her. While she is lying in the afterglow of your love, serve her favorite morning beverage in bed.

## Interlude No. 7

### THE CHASE

#### *Instructions to both:*

Remember how it was when you were unattached and saw an interesting face across the bar? You can recreate that experience with your own lover and recapture all the excitement and adventure of the chase!

Arrange to meet at a singles' bar, preferably one where you will not run into people you know. Arrive separately. Sit across the bar from each other. Pretend you don't know each other. Flirt lightly with others, but focus most of your attention on your lover across the bar.

One of you should ask the other to dance, but don't drop your charade even when alone on the dance floor. Try to get acquainted with this "new" person. Proceed at a pace you consider appropriate. Be outrageous, if you wish--part of the fun is fooling the people around you! When it is time to leave, walk out arms entwined . . . with the anticipation of what the evening has in store!

## Interlude No. 8

### DANCIN'

#### *Instructions to him:*

Take your lady dancin' tonight . . . at home. Put some slow, sexy dance music on the stereo, and ask her to dance with you. As you dance, kiss and touch her. Let her feel your growing desire. Slowly strip off her clothes, piece by piece, and let her do the same to you. Continue dancing in the nude. When you're ready, enter her and continue dancing. (Pick her up and let her wrap both legs around your back, or bend her over and enter her from behind, matching your movements to the music.)

## Interlude No. 9

### THE EYES HAVE IT

#### *Instructions to him:*

She may not be interested in active sex tonight, but watching is another matter.

After she is in bed, undress and sit in a chair near the bed, or sit on the corner of the bed. Arouse yourself by fantasizing or looking at sexy photos. Pretend you are alone as you stroke yourself to a roaring climax.

#### *Instructions to her:*

Enjoy the show!

## Interlude No. 10

### REMBRANDT'S DELIGHT

#### *Instructions to both:*

One of the best ways to explore your lover's body is to *touch* every inch, every crease, every crevice. What better way than with body painting?

There are several non-toxic water paints available for this very use. (Contact your art supply store.) Buy paints of various colors, spread a sheet on the floor, strip off your clothes and start painting your live canvass. Let your creativity soar as you paint each other head to toe, front and back. Afterwards, admire your handiwork. Then make love and shower together . . . or shower together and make love. Whichever turns you on.



## Interlude No. 11

LET IT BE

*Instructions to her:*

Your man doesn't feel like making love tonight.  
Show him he doesn't have to perform to please you.

When he is in bed, give him a shoulder and back  
massage. Run your tongue lightly up and down  
his spine. Tell him you care. Alternate brushing  
his back with your fingertips and lips. Then go to  
sleep curled around his back. Let body warmth  
be enough.

## Interlude No. 12

MACHO MAN

*Instructions to him:*

Your lady wants to be dominated tonight, so  
show her the *macho* side of you. When you're  
ready for intercourse, grasp her ankles in  
each hand and force her legs as high and  
as close to her head as they can comfortably  
go. (Be careful not to hurt!) Take her in  
this position.

## Interlude No. 13

### FOOT FETISH

*Instructions to him:*

When your lady is especially tired and tense, treat her to a foot massage.

Prepare her favorite drink and tell her to remove her shoes and relax. Prepare a large basin of hot water. Add fragrant bath salts and place her feet in the basin to soak for a few minutes. Get a towel, floor pillow, bar of soap, and body lotion. Seat yourself on the floor pillow at her feet, and wash each foot slowly, lovingly, massaging it gently. Dry her feet and put the basin of water aside.

Now take one of her feet in your lap and rub the lotion into it. Massage the instep and sole of the foot deeply. Take her ankle in both your hands and massage it in small, circular motions. Attend to each toe individually. *Kiss each foot as you finish and/or suck her toes!* Repeat this procedure with the other foot.

When you have finished, let your lady take the lead. She may be relaxed enough to fall asleep--or aroused enough to take on a different kind of Interlude.

## Interlude No. 14

### TO EACH HIS OWN!

*Instructions to both:*

Try something a little different tonight when you make love. When you are ready to climax, move away from your lover and prop yourselves against pillows opposite each other. Begin to masturbate yourself while watching each other. Talk or communicate with sounds just as you would during intercourse. Try to time it so that you climax simultaneously.

## Interlude No. 15

### STRIKE THREE!

*Instructions to him:*

Sorry, you struck out! Take a cold shower and try again tomorrow night.

## Interlude No. 16

YOU MADE ME LOVE YOU . . .

*Instructions to him:*

Although she seems hardly interested, your lady really wants to be seduced--to be kissed, teased, aroused, and, finally, taken.

Start your seduction with music. Put something sexy on the stereo, maybe some blues or jazz. Then begin to touch her hair, ears, neck, shoulders, wherever she happens to be, whatever she happens to be doing. If she doesn't respond at first, make your actions speak a little louder. Kiss her nipples through her shirt, or lift or unbutton it to kiss them direct. Run your hand up her leg to her panties, and run your fingertip just inside the party leg. By now, you should have her complete attention. *Carry on!*

## Interlude No. 17

HOOKY NOOKIE

*Instructions to both:*

Play hooky today . . . stay home from work, lock the doors, unplug the phone, and lose yourself to each other.

Start the day with a shower for two and breakfast in the nude . . . and go from there. There's no reason to hurry--you have all day. Now is your chance to say and do the things you always put off because you are tired or in a hurry.

This is a day to laugh and play with each other--a day for pillow fights and wrestling matches and making love in every room in the house. Don't let anything divert your attention from loving and playing with each other. Take a nap together, relax by the pool, but always with the thought of the next loving encounter.

Take pleasure in each other on this slightly wicked, carefree day of fun.

## Interlude No. 18

ROCK WITH ME, BABY!

*Instructions to him:*

You'll need a rocking chair for this Interlude, preferably one without arms. Sit on the chair and let your lady straddle your face to face, with you inside her. Let the rocking of the chair carry you to erotic heights.

## Interlude No. 19

DOUBLE JEOPARDY

*Instructions to her:*

The computer may have an interesting surprise in store for your lover tonight!

## Interlude No. 20

MIRROR, MIRROR ON THE WALL . . .

*Instructions to both:*

Mirrors expand and enhance the action that goes on in your bed. They can satisfy both your exhibitionist and voyeuristic desires since you are performer and viewer at once. Ideally, you would be surrounded with mirrors--on two walls and the ceiling--but a full-length portable mirror and a hand mirror will do.

Place the full length mirror on the bed against the wall so that you can see yourselves lying on the bed. Place the hand mirror within reach. During intercourse watch yourselves in the mirror. Try different positions. She may wish to hold the hand mirror near the genitalia to watch her lover's movements in her.

Remember, you are both star and audience!

## Interlude No. 21

WET FUN ON A HOT SUMMER NIGHT!

*Instructions to both:*

Skinny dipping is easiest if you have your own swimming pool, but late night cloaks even an apartment pool in privacy!

So, if it's summertime, take a moonlight swim in the nude. (If it's not summer, select another Interlude!) Relish the air of the forbidden. Enjoy the feel of your lover's body under water. If it is private, make love on a blanket under the stars without drying off. If there's less privacy, do it in the pool or return to your bedroom for the final act.

## Interlude No. 22

OVERTIME

*Instructions to him:*

Invite your lady to meet you at your office one night when you are working late. When she arrives, lock the door if you have a private office; if not, make sure everyone, including the cleaning people, are gone. (The later the hour, the better, for this Interlude!) Greet your lady with a long, deep kiss to set the mood, then expand your kisses to her neck, ears, hair. Unbutton her blouse and bra. *Ignore her protests.* Kiss her breasts and nipples until she is fully aroused. (Stay as fully clothed as possible as you may have to make a quick recovery!) Bend her over the desk so that her elbows are resting on the desktop. Kneel behind her; lift her skirt and ease her panties to her ankles. Touch her with your tongue and fingers until she is ready for you. Then unzip your pants and enter her from behind. The danger of discovery only increases the thrill.

Afterwards, take her out to dinner and talk about the experience. It might inspire you to another Interlude when you get home!

## Interlude No. 23

### THE WRESTLING MATCH

#### *Instructions to both:*

Spread a large mat or sheet on the floor. Strip to your bikini underwear and rub each other with body oil or suntan oil. Now, *wrestle!*

#### *Instructions to him:*

Don't overpower your lady so that there is no contest. The fun is in the wrestling itself. When you're both highly aroused, you can use your strength to "finish" the match.

#### *Instructions to her:*

Use *all* your strength . . . you just might win!

## Interlude No. 24

### CHILLED CHASER

#### *Instructions to her:*

Sit on the floor at your lover's feet and perform fellatio. Occasionally, take a sip of cold beer (or ice water) and hold it in your mouth for a few seconds. Swallow it and quickly take him into your chilled mouth. Continue as long as he likes it.

## Interlude No. 25

### FELLATIO BY FIRELIGHT

#### *Instructions to her:*

He wants to be babied tonight. He wants to be smothered with your attention without having to reciprocate. That's okay--your turn will come!

Light a fire in the fireplace or light several candles, and turn out the lights. Spread a blanket on the floor. Undress your lover. Now undress yourself slowly by the light of the fire while he watches. Run your fingers lightly over his body from head to toe, then perform fellatio until he is fully erect. Bring him to orgasm any way you like and go to sleep in each other's arms in front of the fireplace.

## Interlude No. 26

### UP, UP, AND AWAY

If it's summer, proceed with this Interlude . . . if it's not, return to the computer for a warmer Interlude.

#### *Instructions to him:*

Making love in a swing can give your lady unexpected and very pleasurable sensations. Your job is to find a swing with some degree of privacy. A porch swing will do, but the best kind is the single board on chains, such as you find on a playground. (Maybe you could attach one to a tree in your back yard?)

Sit in the swing and have your lady straddle you face to face, with you in her. (Whether you do this partially clothed or totally nude depends on the location of the swing and your discretion!) Begin to swing, pumping with your feet, until you reach as high as you can go. You may or may not be able to reach orgasm this way, but chances are, she will!

## Interlude No. 27

### LIGHT MY FIRE!

#### *Instructions to him:*

Light a fire in the fireplace or light several candles, and turn out the lights. Warm some scented body oil and spread a blanket on the floor. Now, undress your lady and yourself, and have her lie on her stomach on the blanket. You are going to give her a sensuous massage.

Start at her neck and scalp, massaging lightly with your fingertips. Using the scented oil, massage each arm with gentle kneading, then long firm strokes. Massage each hand and fingers, then her shoulders, back, and buttocks, with firm kneading. Linger with a gentle touch on the curve of her buttocks and inner thighs, then massage each leg and foot. Pay special attention to her feet!

Turn her over and give her face a light fingertip massage. Continue down her neck to her breasts. Linger at the nipples, rolling them lightly between your fingertips. Continue to her stomach and pubic area, lightly stroking the vulva. Then massage each leg and foot again. Now run your fingertips very lightly over her entire body, and return to the pubic area. You can give all your attention now to teasing and arousing her. Give her as many orgasms as she wants, with your hand or tongue. Then take her however you wish.

## Interlude No. 28

### MUSK MAGIC

#### *Instructions to her:*

The next time you go to a party, dab some of your own perfume--your love juices--behind each ear. Then dance with your lover or kiss him and guide his face to your ears. The musky fragrance will probably cause an early exit as he rushes you home to bed. (*Caution: Avoid other men at the party or you may start a stampede!*)

## Interlude No. 29

### WIN SOME, LOSE SOME

#### *Instructions to her:*

Well, you can't win 'em all. Curl up with a good book and try again tomorrow night.



## Interlude No. 30

### FROM HERE TO ECSTASY

#### *Instructions to her:*

Tonight you will tease your man to the edge of ecstasy and beyond . . . with a long, slow masturbation. The only way to accomplish this is to bind him securely.

Have him undress and lie on the bed. Using velvet ropes, tie his ankles together and tie his wrists behind his back. Blindfold him. Now strip to your panties and kneel astride him. Give him your scent, your *signature*, by pressing your underarms, your breasts, your covered pussy against his face. Now strip off your panties and begin the warm-up.

Brush your lips over his penis lightly, then take it fully in your mouth to make it hard. During the initial stage you should keep both his *mouth* and his *penis* occupied simultaneously: Start with one hand stroking his penis and one hand, flavored with the scent of your sex, over his mouth; alternate with one hand on his penis and your pussy on his mouth.

For the grand finale, straddle his chest and begin mouthwork on his penis with slow strokes, about one per second. After several seconds, switch to ten or so very quick strokes, then resume the slow rhythm. Continue to alternate this pattern. If he nears ejaculation, drop the

tempo. Keep this up as long as he can stand it (about ten minutes). Then bring him to climax with your mouth or hand, or turn and ride him. After his orgasm, untie him quickly so that you can rest in each other's arms.

#### *Instructions to him:*

Relax and enjoy!

## Interlude No. 31

### REMOTE CONTROL

#### *Instructions to him:*

The next time you are out of town, call your lady near bedtime. Ask her if she is undressed and ready for bed. If not, ask her to undress and bring her vibrator to bed with her. Tell her you want to make love. Ask her to touch herself while you're talking. Tell her you're doing the same. Ask her to tell you exactly what she is doing and how it feels. Tell her specific things you would like her to do. Encourage her with love talk. Ask her to turn on the vibrator and use it for her pleasure. Increase your own stroking as she nears a climax. Share your love sounds as you come together miles apart.

## Interlude No. 32

### LICKS, NIBBLES AND BYTES

#### *Instructions to him:*

Your lady's nipples may be her most erogenous zone, so begin here. Suck, nibble, or tongue one nipple while you roll the other between two moistened fingers. Gently massage the entire breast--vary the pressure to her liking. Return to the nipples, going from one to the other. Use as much pressure and/or teeth as she wishes. Maybe she would like to climax this way? If not, continue down her body and perform cunnilingus until she comes again and again, while you keep one or both hands active on her nipples and breasts.

## Interlude No 33

### FANTASY ISLAND

#### *Instructions to both:*

Sharing fantasies can be a way to deeper intimacy. Tonight, share your favorite sexual fantasy with your lover. Act it out if possible, or let it stimulate to greater creativity in your lovemaking.

## Interlude No. 34

### APPOINTMENT FOR LOVE

#### *Instructions to him:*

When you know your lady is at home, call her on the phone and tell her you are coming home early. Suggest that she take a leisurely bath and wait for you in bed. Tell her exactly what you plan to do to her when you arrive.

Now, *hurry home!*

## Interlude No. 35

### FEELINGS!

#### *Instructions to him:*

Create a love diary for your lady. Buy a notebook or one of those bound books with blank pages. Then for a week, a month, or longer, write in it all your erotic thoughts about her, your fantasies, your feelings about an experience you've shared. This is the place to reveal the things about her that really turn you on, the things you'd like to do or say but cannot bring yourself to voice. Write in the book daily or as often as possible. Don't worry about style or grammar or spelling . . . just be honest. Give the book to her for a special gift.

## Interlude No. 36

WHATEVER LOLA WANTS . . .

### *Instructions to her:*

Your man wants a lady in the parlor, a slut in the bedroom. He knows you're the former--show him you can be the latter as well.

Dress up in dark stockings, garter belt, and high heels. Put on a sexy, lacy, barely-there bra. Then demand that he make love to you--on your terms. Tell him what you want him to do, where you want him to touch or kiss you. Make him respond to your every need. Sweep away all your inhibitions . . . and he'll sweep away his.

## Interlude No. 37

THE WAY WE WERE

### *Instructions to both:*

How long has it been since you've necked in the back seat of a car at a drive-in movie? Take a long leap back tonight and recapture that deliciously forbidden feeling you had as a teenager. Take a six-pack (or your favorite wine) and popcorn or snacks, and head for your nearest drive-in movie. Who cares what's playing? You and your love will provide the main attraction in the back seat! How "far" should you go? How far did you go as a teen?

## Interlude No. 38

### THE BACK DOOR

#### *Instructions to her:*

Your lover has indicated a special erogenous zone. Attend to it in a special way during this Interlude.

Before you start, get out your vibrator, preferably a small battery-operated one. Spread vasoline over its tip. During fellatio or intercourse, turn on the vibrator and very gently insert the tip in his anus. The sensation, it is said, can be incredible!

## Interlude No. 39

### CLOSE-UP

#### *Instructions to both:*

Did you ever wonder if you're touching your mate exactly the way he or she likes? No one can do it better than you can yourself, so give your lover a close-up of how you like it. For this hands-on demonstration, lie in a sixty-nine position with each partner's leg bent to make a "pillow" for the other's head. Perform fellatio and cunnilingus until you're both near climax. Then switch to self-masturbation. Because of your position, he can watch exactly where and how she touches herself, and she can see the rhythm and pace at which he strokes himself. At the moment of climax he may want to come on her breasts.

## Interlude No. 40

PEEPING TOM

*Instructions to her:*

Your lover likes to watch you without being seen, so tonight give him a voyeuristic treat. Send him outside to the patio or balcony. Tell him to make himself comfortable while you prepare a surprise. Let him wait a few minutes to build up his anticipation, then stand in front of the window where he can see you and begin to undress slowly and seductively. Don't be self-conscious; pretend you are an actress playing a sexy role! Put on your sexiest lingerie and recline in a chair in front of the window. Caress your nipples, breasts, inner thighs. Go slowly so that he will have time to enjoy your performance. Touch yourself in your favorite place; first with your fingers, then with your vibrator if you wish. When you are ready, give yourself over completely to orgasm. He will soon be in to claim you.

## Interlude No. 41

MACHO MAN II

*Instructions to him:*

One of the most common female fantasies is rape--being taken by force against her will. She doesn't really want to be raped, of course; she just wants the feeling of helpless submission occasionally. Give your lady a safe fulfillment of this fantasy by holding her down forcefully during intercourse. Grasp her wrists and pin her hands over her head. Try to hold her motionless as she struggles. Take her now . . . she is yours.

*Instructions to her:*

The more you struggle, the more excitement you will feel. Just remember, it's a game of *Let's Pretend!*

## Interlude No. 42

### AFTER-DINNER MINT

#### *Instructions to her:*

The computer holds your instructions for an after-dinner surprise for your man!

## Interlude No. 43

### EENIE, MEENIE, MINEY, MO

#### *Instructions to both:*

This is a night for experimentation. Get a copy of the *Kama Sutra* and look through it together. Choose different positions you'd like to try. Try them. Many of those shown have little to offer except novelty, but you may find some you really like. Add those to your repertoire for future lovemaking.

## Interlude No. 44

### THE VOYEUR

#### *Instructions to her:*

There's a little voyeur in most men, so give full rein to your man's voyeuristic fantasies by letting him watch you perform your after-bath ritual . . . as if you didn't know he were watching.

Ask him to wait for you in the bedroom while you bathe, making sure that he is seated or lying in view of the bathroom door. After your bath perform your after-bath ritual with the door open, as seductively as possible, knowing that each movement charms and entices him. Dry yourself with a Turkish towel, stretching and bending to rub every inch of your body. Be sure that you are within sight of your lover, but pretend not to see him to heighten the voyeuristic aspect. Rub body lotion sensuously over your body, caressing your breasts, stomach, buttocks, and legs as he watches. Now slip into something silky and sexy and begin to brush your hair with long, slow strokes, with your head back and your eyes closed. As you near 100 strokes begin to count out loud, increasing your rhythm slightly.

If your lover has not approached you by the 100th stroke, go to him and show him how sexy you feel!

## Interlude No. 45

### TREASURE CHEST

#### *Instructions to her:*

Your lover's nipples may be more sensitive than your own. If they are, this Interlude will delight him.

Wet one nipple with your tongue, then flick it with your finger tip while you lick and flick the other nipple with your tongue. If his nipples are sensitive he will quickly get an erection. When he does, you will have three areas to work: each nipple and his penis. Vary your action, with hands on two areas, mouth on the other. For example, suck him while you are flicking each nipple with a moistened fingertip; then stroke him with one hand while your tongue and the other hand massages and teases his nipples. Give him a climax this way.

## Interlude No. 46

### PARTY GAME

#### *Instructions to him:*

The next time you're at a big, dull party, grab a quickie with your lady in your host's bathroom or secluded patio. Whisper to her to take off her panties and meet you at the appointed spot. If it's a bathroom, lock the door and seat her on the countertop--she can wrap her legs around you while you take her standing up. If it's a patio, find a similar ledge or lie on a lounge chair and let her straddle you. Wherever the encounter, remember . . . *no noise!*



## Interlude No. 47

### GOOD VIBRATIONS!

#### *Instructions to her:*

If your lover has never experienced a vibrator, he is in for a very pleasant surprise.

Show him how it feels by moving it across his shoulders and chest. Run it over the insides of his thighs. Gently glide it along the shaft of his penis.

Give him the vibrator to caress your genital area and thighs. Guide him in its use for your greatest pleasure. Let him bring you to orgasm with it . . . then return the favor.

## Interlude No. 48

### BAD GIRL

#### *Instructions to him:*

There's a thin line between pain and pleasure for many people. Because your lady has indicated a desire for this, try "spanking" her during foreplay and intercourse.

During foreplay, turn her on her stomach and kiss her shoulders and back. Slap her sharply on her buttocks with the flat palm of your hand. It should sting a bit, but not really hurt. Do this repeatedly, taking care to intersperse the spanking with kisses and caresses on her buttocks.

During intercourse, take her from behind and slap her buttocks again as she nears a climax.

#### *Instructions to her:*

This can be extremely pleasurable . . . but be sure to let him know if he crosses the border into pain.

## Interlude No. 49

MATA HARI

*Instructions to her:*

Be a seductress tonight. . . in garterbelt, stockings, and high-heeled shoes! Add a black lace bra and forget the panties. You won't need them.

Move around the room for your lover to excite him visually. Touch yourself and offer him the scent of your love juices. While he is sitting on a sofa, kneel over his face to "kiss" him with your vulva. Now slowly undress him and perform fellatio while he nibbles and kisses your buttocks. Mount and ride him so that he can watch you in your sexy garments. Lift your breasts out of the bra and offer them to his lips. Move through different positions, taking your time on each so that you both can savor its fullness. Let the passion build slowly to the point of no return.

## Interlude No. 50

LOVE IN THE AFTERNOON

*Instructions to both:*

Have a hard day? Forget the drink. Drink deeply of your love instead.

Ease away each other's tensions with kisses and caresses. Undress each other leisurely. It's early--no need to rush. Enjoy your lover fully right where you are.

## Interlude No. 51

### CANDLELIGHT SONATA

#### *Instructions to her:*

Give your lovemaking a romantic glow tonight. While your lover is getting ready for bed, light one or more candles and turn out the bedroom lights. The romantic glow of candlelight will set the mood for a lovely Interlude.

## Interlude No. 52

### THE QUICKIE

#### *Instructions to both:*

Take a quick tension break--fifteen minutes from start to finish. It's a basic way to say "I always have time for your love."

## Interlude No. 53

### SATIN CHAINS

#### *Instructions to him:*

Tonight you will transport your lady to new heights. So that you will be in complete control of her responses, you must bind her . . . with satin chains.

Undress her and use satin ribbons to tie her wrists and ankles to the bedposts or frame. She should be in a spreadeagle position. Begin by kissing and tonguing her from head to toe. Linger for a while at each nipple. Caress her entire body, front and back, with a *peacock* or *ostrich* feather. Perform cunnilingus, flicking her clitoris lightly with your tongue while you brush her breasts with the feather. When she nears orgasm, move away from the center of her excitement to keep her hanging on the edge. Vary your activities among kissing, tonguing, and brushing with the feather. Don't give her an orgasm for at least an hour--then give her several orally. After each one, kiss and caress her body as you build to the next one. Finally, untie her legs and take her as you wish. Afterwards, untie her wrists and hold her in your arms.

#### *Instructions to her:*

Relax . . . this will tickle your fancy!

## Interlude No. 54

### GUESS WHO'S COMING FOR BREAKFAST?

#### *Instructions to her:*

Make this morning special . . . serve your lover breakfast in bed.

Let him sleep while you prepare it. Then wake him with a kiss and champagne. When you finish breakfast, start on each other.

## Interlude No. 55

### THE NOONER

#### *Instructions to her:*

This is a nooner to end all nooners! Your instructions, should you care to follow them, are in the computer..

## Interlude No. 56

BON APPETIT!

*Instructions to both:*

Anyone who has seen the movie *Tom Jones* knows how sexy food can be. But you can carry it one step further with a nude indoor picnic!

Prepare a picnic of cold finger foods (boiled shrimp, fried chicken, asparagus, cheese, fruit, etc.) and your favorite beverage. Spread a blanket on the floor and arrange the food on the blanket. *Undress* for dinner.

As you eat, keep conversation to a minimum. Let your eyes do the talking. Caress your food with your lips and tongue, as if it were your lover. (Remember the scene from the movie!) Afterwards, race each other to the bedroom.

## Interlude No. 57

JUST WATCHING HER . . .

*Instructions to her:*

Your man would like to watch you masturbate, so make it extra erotic for him.

Put on a loose silky robe and get the sexiest books you have (*Delta of Venus*, for example). Sit in a soft arm chair opposite him. Read aloud the erotic passages from the book. As you read, part your robe to reveal your legs and pubic area. Throw one leg across the arm of the chair and touch yourself as the words of the book arouse you. Pretend that you are alone, or that a stranger is watching you from across the way. Set your own pace, but let the words arouse your excitement. Remember that your voice and your actions are equally exciting to him! When you are sufficiently aroused, give yourself over completely to orgasm.

## Interlude No. 58

LET ME ENTERTAIN YOU

*Instructions to her:*

Approach your lover while he is reading or watching TV. Touch the inside of his ear lightly, outlining it with your finger. Now trace the outline with your tongue and flick it gently just above the earlobe. Let your finger return to trace that ear while your tongue moves to his other ear. *Now you have his full attention!* Softly kiss his eyelids, his cheeks, then his lips while you caress his neck and shoulders.

Now step away from him and entice him with a slow, sensuous strip tease. No fast or fancy movements . . . just remove each garment slowly and caress your body as you bare it for him. Do it to music if you like. Once you are naked, spend a minute or two touching yourself in your special place. Go to him now and begin to remove his clothes. Caress his body with your fingers or lips as you remove each piece of clothing. Enjoy each other fully, sensuously, without haste.

## Interlude No. 59

MIDNIGHT RIDER

*Instructions to him:*

One of the greatest turn-ons to many women is the thought of creating uncontrollable desire in their man. The next time you wake up in the middle of the night with an erection, enter her without any preliminaries. (You may need a lubricant as she will not have had a chance to create her own.) As you begin to move, she will wake up to find you in her. This should be a short, sweet encounter, not a sexual marathon, and the time *not* to try it is when she has an early-morning meeting!

P.S. Some people can wake themselves up at a specific time by auto-suggestion just before going to sleep!

## Interlude No. 60

### THE KING AND I

*Instructions to him:*

You are master, she is slave. She will obey your every sexual whim. She is eager to please her master. Speak to her . . . and enjoy!

*Instructions to her:*

*Submit!*

## Interlude No. 61

### THE QUEEN AND I

*Instructions to her:*

Tonight he is your adoring slave. Your wish is his command. But you must command. Tell him what you want, how you want it, when you want it. Exercise your power!

*Instructions to him:*

Do exactly what she says, *slave!*

## Interlude No. 62

A JUG OF WINE, A LOAF OF BREAD . . .

If the temperature is below 72°, better choose another Interlude!

*Instructions to both:*

Imagine the feel of a summer breeze on your bare skin as you prepare your favorite picnic feast for this Interlude.

Drive to a secluded picnic spot in the woods or at the beach. Spread a soft blanket on the ground and take off all your clothes. (It *is* secluded, isn't it?) Let the sun's rays and the warm breeze caress your skin. Eat and drink and touch each other. The forbidden atmosphere, the possibility of discovery, should create an air of intense excitement. Make love if you dare, but *listen for footsteps!*

## Interlude No. 63

SHOWTIME!

*Instructions to her:*

Tell your lover you are going to give him the time of his life tonight and that you must place him in bondage so that he can fully enjoy it. Bind his ankles and wrists with velvet ropes and tie a gag over his mouth (Use a knotted white handkerchief.) Prop his head with pillows so that he is in a half-sitting position.

Now, slowly strip for him and start your one-woman show. Don't be shy--men love to watch their ladies be deliberately sexy! Move around the room for him slowly. Touch your breasts, your nipples, your thighs. Give him a rear view as you caress the crease where your buttocks join your thighs. Rub your hand between your legs to get the scent of your love juices, then press that hand against his face. Now place yourself in a comfortable position so that he can see you, and begin to masturbate. His blood should reach the boiling point as he watches you make love to yourself, helpless in his "chains." Give yourself over to orgasm after orgasm. Finally, untie him and prepare to be *ravaged!*



## Interlude No. 64

### MASSAGE PARLOUR

#### *Instructions to her:*

Your lover is tired tonight. He has little interest in *active* sex . . . but he'd still like it! This is your opportunity to give.

Send him to take a shower. While he is showering, heat body oil for an oil rubdown. (Peanut oil or safflower oil is perfect.) When he is in bed, start with his shoulders and back, kneading his muscles firmly with your oiled hands. Concentrate most of your attention here to ease away his tiredness.

Turn him over and begin on his arms and chest. Work your way down his body to concentrate on handwork with his penis. The oil lubricates it so that it is slippery and your hand moves quickly and easily. Bring him to orgasm this way. Afterwards, cleanse him with a warm, wet cloth, and let him drift off to sleep.

## Interlude No. 65

### PATTY CAKE

#### *Instructions to him:*

During foreplay, lightly pat your lady between the legs directly on the vagina with the flat palm of your hand. Increase the tempo and pressure slightly if it seems to turn her on.

## Interlude No. 66

### TOPSY TURVY

#### *Instructions to her:*

Give your lover a different sensation tonight. Have him lie on his back on the bed with his head and upper torso hanging over the edge of the bed. You may want to place a floor pillow next to the bed for his head. Now mount him and ride him to a roaring climax in this inverted position.

## Interlude No. 67

GARTER GANDER

*Instructions to her:*

The next time you go out to a public affair, dress in a special way for your man. Wear a garterbelt and stockings (*not* pantyhose) under your dress. While you're dressing keep this a secret from your mate, but just before you go out let him "accidentally" glimpse your garters. Be sure that you must be somewhere at a certain time or he may attack you on the spot! The objective is to tantalize him with the thought of you throughout the evening. When you arrive home (early, perhaps?) you won't need any further suggestions for an Interlude.

## Interlude No. 68

STAR LIGHT, STAR BRIGHT

*Instructions to both:*

If it's a warm summer night, take advantage of your yard, patio or balcony. A lawn chair, a pool float, a hammock or a blanket on the grass . . . each is a perfect bed for your love tonight. It's dark . . . no one can see you. Enjoy the night's music as you come together in the dark.

*(If it's the dead of winter, select another Interlude!)*

## Interlude No. 69

A NEW TWIST TO AN OLD SUBJECT!

*Instructions to both:*

Lie on the floor on your sides facing each other, with your heads together and your feet pointing in opposite directions. Begin by kissing each other lips in this upside-down position. Spend some time with the kissing. Then ease your way down each other's bodies, each going in opposite directions, arriving at the nipples simultaneously. Spend some time here also. Go slowly; let the passion and tension build. Continue on to the navel, the stomach, then on to your goal--your lover's genitals. Crook one leg so that your lover's head can rest on your thigh. Devote your full attention to this area in its infinite variations. Climax together or separately, at your own, leisurely pace.

## Interlude No. 70

A BOOK OF LOVE

*Instructions to her:*

Give your man a book of love. Buy a notebook or a bound book with blank pages. Write in it your thoughts about him, your fantasies, your feelings about an experience you've shared. Quote lines of poetry that are especially meaningful. Write a poem of your own! Don't think you have to be a published writer to do this. Grammar, punctuation, spelling are not important. Honesty is. Be as creative as you like--include drawings or photographs if appropriate. Give the gift to your lover on a special occasion . . . he will treasure it always.

## Interlude No. 71

### RODEO!

*Instructions to her:*

Your lover likes to see you in sexy costumes. Surprise him by appearing in boots, leather vest, and open-crotch panties. Put on your favorite country-western music. Tell him you want to play cowgirl!

Undress him (horses don't wear clothes!) and tell him to get on his hands and knees. Then ride him bareback around the room, flicking him lightly with a velvet rope. This is *playtime*. . . so let your imagination run wild.

Finally, make him lie on his back and ride him to orgasm, still clothed in your boots, vest, and panties.

## Interlude No. 72

### SATIN DREAMS

*Instructions to her:*

The computer holds the key to your *satin dreams*!

## Interlude No. 73

### SLAP HAPPY

*Instructions to her:*

During passionate lovemaking, a bit of mock force or "abuse" can fuel the flames and drive both partners to higher levels of ecstasy. Your lover has indicated that he would enjoy a bit of "abuse" tonight, so . . . during intercourse when he nears orgasm, sharply slap his buttocks with the palm of your hand until he climaxes.

## Interlude No. 74

### HIDDEN FACTOR

#### *Instructions to her:*

You may have overlooked one of your lover's most erogenous zones: the back of his neck and hair.

During foreplay, concentrate on this area. Kiss the back of his neck just where the hair starts to grow. Moisten it with your tongue, then blow on it softly. Run your fingers through his hair next to the scalp, gently massaging the scalp with your fingertips. Continue this at length; then move on to other foreplay, then to intercourse. Throughout, however, keep your fingers moving through his hair in this special erotic place.

## Interlude No. 75

### MY WAY

#### *Instructions to him:*

Tonight you can do it your way. Your instructions are in the computer.

#### *Instructions to her:*

Leave the room until your lover calls you.

## Interlude No. 76

### SENSUOUS SENSATIONS

#### *Instructions to her:*

Treat your lover to an erotic massage--a feather-light touch all over the body with your finger tips.

Start on your lover's back, neck and shoulders and continue down the body with your light, light touch. The fingers should really not touch the skin at all but the hair on the skin. Now do the other side, starting with the face and moving over the entire body. Remember, keep it light. Finally, return to the genital area and switch to mouthwork. Keep it teasing and gentle until passion dictates otherwise.

## Interlude No. 77

### FASHION QUEEN

#### *Instructions to him:*

Photograph your lady in all her many moods. (You'll need a Polaroid or self-developing camera for this.) Have her dress up for you in her special sexy clothes: lingerie, garterbelt and stockings, hats, anything that takes your fancy. Pose her in various seductive ways. (Use your erotic photo collection for suggestions.) Before each photograph kiss her, touch her, indulge in a little foreplay--if you want her to look sexy, make her feel sexy! Look at your array of her photos together, and let them inspire you to erotic heights.

#### *Instructions to her:*

Smile for the birdie and say *cheese!*

## Interlude No. 78

### CHAMPAGNE HOUR

#### *Instructions to him:*

Chill a bottle of champagne or have your favorite wine at hand. Suggest that your lady take a long, leisurely bubble bath. After she is in the tub, undress and take the champagne or wine and glasses to the bathroom.

Join her in the tub. Toast her loveliness! Drink, kiss, touch, play, relax in the steamy warmth. Help her from the tub and dry each other with a Turkish towel. Bend her across the vanity, her buttocks toward you and take her from behind while she watches in the bathroom mirror.

## Interlude No. 79

### LOTUS LOVE

#### *Instructions to her:*

Sex can be a mystical experience. To bring out this aspect, add a little yoga to your love-making.

Light several candles and turn out the lights. Spread a blanket on the floor or sit on floor pillows. Have your lover sit in a modified lotus position (or Indian-like with ankles crossed). Run fingers lightly over his skin, starting with his face, scalp, neck, and shoulders, and work your way down to his genitals. Make him firmly erect by teasing his manhood with your tongue and lips. Each touch should be light and teasing.

Now, straddle him face to face, with your weight on your knees, and guide him into you. As you continue to touch and caress each other, tighten your vaginal muscles around his penis. *This should be the only movement in this area.* Continue tightening these muscles in a rhythmic way while you kiss and caress each other. Contemplate the spiritual union of your bodies and souls.

(With a little practice, you may be able to bring you both to orgasm this way.)

## Interlude No. 80

### THE LEATHER LOOK

#### *Instructions to her:*

Leather can be an erotic turn-on for you both. Buy your lover a leather jockstrap. While he puts it on, wrap a long, soft, narrow leather belt around your thighs and buttocks, outlining your pubic area like a G-string.

Tie another soft leather belt around your breasts, outlining each one. Start your lovemaking clothed in this manner. Let the smell and feel of the leather add to the pleasures of your bodies.

## Interlude No. 81

### HERE COMES THE SUN!

#### *Instructions to both:*

Your interview indicates that all you want tonight is a good-night kiss and sleep. However, come the morning . . .

Set the alarm a few minutes early. Then wake each other with kisses. Enjoy each other simply and quickly. The extra adrenaline can make your day!



## Interlude No. 82

### CAVEMAN CAPER

#### *Instructions to him:*

Tonight your lady wants to be dominated in a primitive way. Try a game of bondage . . . she is bound and helpless while you are the ravager. Just remember to whisper words of love throughout the bondage scene.

Tell her to undress and wait for you in bed. Get velvet ropes and a soft leather belt. Tie each of her wrists and ankles to the bedposts so that she is in a spreadeagle position. Blindfold her with a scarf so that she can't see what you are going to do next. Now, begin a symphony of sexual assault, licking, nibbling, kissing her entire body. As she becomes more and more aroused, tease her by entering her and withdrawing quickly. Tease her mouth with your penis. Flick her very lightly (or harder, if she asks for it) with the belt. The more she struggles, the more you tease. Kiss her lips occasionally and whisper words of love.

Finally, untie one leg and retie it to her opposite arm so that her buttocks and genitals are exposed to you. Enter her from this side/back position and "mock-rape" her while lightly flicking her buttocks with the belt.

Afterwards, untie her quickly and let her come to earth in your arms.

#### *Instructions to her:*

Once he begins his sexual assault, struggle against your bonds--it will heighten the excitement for you both. Just remember, this is a game of love and trust.

## Interlude No. 83

### LOVE ODYSSEY

#### *Instructions to her:*

Take your lover on a love odyssey. Your instructions lie buried in the computer.

## Interlude No. 84

### SOME ENCHANTED EVENING

#### *Instructions to him:*

This Interlude is guaranteed to put the romance back in your lives! The computer holds the secret.

## Interlude No. 85

### BLOW JOB

#### *Instructions to her:*

Give your lover a different kind of "blow-job." Keeping your mouth about two inches above his skin, blow gently all over his body. This is especially effective if you moisten his skin first with your tongue. As an alternative, use your hand-held hair dryer on a low setting.

## Interlude No. 86

### FREEBIE!

#### *Instructions to her:*

Sometimes a man wants sex without having to perform or give in return. Sometimes we all do! Tonight your lover feels this way. Satisfy his longing for passivity and don't allow him to reciprocate in any way. Your turn will come!

Wait until he has gone to bed, then join him. Don't try to arouse his interest with kisses or foreplay--that implies reciprocation. Your intent is to give him an orgasm quickly, surely, swiftly. For a quick erection, go down on him without any preliminaries. Press the area between his anus and his testicles. Tease him with your mouth until he grows rock-hard. Then straddle him and ride him, slowly at first, then faster and faster until he comes.

Afterwards, kiss him lightly goodnight, and return to your own activities.

## Interlude No. 87

### HAIR!

#### *Instructions to her:*

If you have really long hair, this will be a special treat for your mate. If you don't, a long silk scarf with fringed ends can be equally sensuous.

Have your lover undress and lie on the bed on his stomach. Trail your hair or the scarf over his body for several minutes. Turn him over and repeat on the front side, especially in the genital area. This is erotically stimulating for many men.

## Interlude No. 88

### CLOSE ENCOUNTER

#### *Instructions to him:*

This has been known to make non-orgasmic women multi-orgasmic!

During regular intercourse, put your legs on the outside of hers, resting your weight on your arms, and move in a grinding rather than stroking movement. This puts extra friction on her clitoris with each movement.

Try it . . . she'll like it.

## Interlude No. 89

### THE FLASHER

#### *Instructions to her:*

Surprise alone is often the biggest turn-on. If you can, slip out of the house without your mate's knowledge. Wear a trenchcoat and *nothing* else. Then ring the front doorbell. When he answers the door, flash him.

He will be caught off guard on two counts: Seeing you at the front door when he thought you were in the house and seeing you naked beneath the coat! The next move is up to you . . . unless, of course, he takes it from here.

## Interlude No. 90

### UPSIDE DOWN CAKE

#### *Instructions to him:*

Give your lady a different kind of sensation. Take her upside-down (sort of). Sit on a stool and have your lady sit astride you, facing you. Then have her lie back until her head is resting on a cushion on the floor. Grasp her thighs and move her back and forth on your penis. The build-up of pressure in the face and neck can produce startling sensations with orgasm.

## Interlude No. 91

### MASH NOTE

#### *Instructions to her:*

Write your lover a "dirty" letter. Go into graphic detail as to the plans you have for the evening. Then plant the letter where you know he--and only he--will see it. Put it in the driver's seat of the car, in his briefcase, in his wallet. You want him to discover it in the morning and to think about it all day long!

When he arrives home, carry through with your written plans.

## Interlude No. 92

### FRENCH VACATION

#### *Instructions to both:*

When you're married to or living with someone, sex is always within reach. Which makes us take it for granted. Change that. Create the tension of abstinence, the excitement of anticipation. Deliberately abstain from sex for two weeks. At the end of that period, plan a quiet evening at home and make love all night. The French say it's *magnifique*!

## Interlude No. 93

### FANCY FOOTWORK

#### *Instructions to her:*

When your lover arrives home from work very tired and tense, treat him to a foot massage.

Prepare his favorite drink and tell him to remove his shoes and relax. Prepare a large basin of hot water. Add fragrant bath salts and place your lover's feet in the basin to soak for a few minutes. Get a towel, floor pillow, bar of soap, and body lotion. Seat yourself on the floor pillow at your lover's feet. Wash each foot slowly, lovingly, massaging it gently. Dry his feet and put the basin of water aside.

Now take one of his feet in your lap and rub the lotion into it. Massage the instep and sole of the foot deeply. Take his ankle in both your hands and massage it in small, circular motions. Attend to each toe individually. *Kiss each foot as you finish and/or suck his toes!* Repeat this procedure with the other foot.

When you have finished, let your lover take the lead. He may be relaxed enough to fall asleep--or aroused enough to start a different kind of Interlude.

## Interlude No. 94

### REAR VIEW

A different position can be fun and extra sexy. In you haven't tried this one, you're in for a treat.

#### *Instructions to her:*

Straddle your man, facing his feet. Feel the different sensations caused by the different angle. Caress his testicles as you ride him.

#### *Instructions to him:*

Caress and lightly pinch her buttocks. Lubricate a finger and gently insert it in her anus. Match its in-out movements with hers on you. Enjoy the different view.

## Interlude No. 95

### PORNO PRELUDE

*Instructions to him:*

Do you like erotic photographs? Maybe your lady will too. Before you make love get out your collection of erotic photos. (If necessary, go to an adult book store beforehand and buy some.) Ask your lady to look at them with you. As you turn through the pages, point out the photos, the positions, that turn you on the most. Ask her to do the same. It will probably give you some ideas for the rest of this Interlude!

## Interlude No. 96

### POWDER PUFF

*Instructions to both:*

It may have been a long hard day, but a tingling shower will invigorate you. Take one together. Soap each other thoroughly, lovingly. Wash each other's hair. When you have toweled each other off, take turns giving the other a powder rub. Sprinkle baby powder on your lover and lightly smooth it into the skin with a powder puff. Make love on fresh linens.

## Interlude No. 97

### STAG PARTY

#### *Instructions to him:*

Surprise your lady with a special kind of home movie. Rent a movie projector (or use a videotape if you have one), and buy, borrow or rent an X-rated film. Set the projector up in your bedroom so that you can watch from the bed. Have at hand drinks and snacks. Have your lady dress for the evening in a loose robe (you, too) and settle down to watch the movies. Let the action on the screen be your inspiration for the evening.

## Interlude No. 98

### THE LOOK OF LOVE

#### *Instructions to both:*

Light several candles so that the bedroom glows with soft light. Stand nude in front of a full length mirror and rub oil into each other's skin. Watch the color and texture of your skin in the flickering candlelight. Begin to kiss and touch in earnest now as the passion builds. Continue to watch yourselves in the mirror as you make love.



## Interlude No. 99

### THE ULTIMATE EXPERIENCE!

*Instructions to both:*

When you hit this Interlude, your love life may never again be the same!

The computer holds your very secret instructions.

## Interlude No. 100

### TRIPLE PLAY

*Instructions to him:*

During foreplay, give your lady a triple treat. Kiss her deeply, probing her mouth with your tongue. Moisten your finger with saliva or vaginal secretions and insert it gently in her anus while another finger explores her vagina. The sensations for her are extraordinary.

## Interlude No. 101

### HIDDEN FACTOR II.

*Instructions to him:*

You may have overlooked one of your lover's most erogenous zones: the back of her neck and hair.

During foreplay, concentrate on this area. Kiss the back of her neck just where the hair starts to grow. Moisten it with your tongue, then blow on it softly. Run your fingers through the hair next to the scalp gently, massaging the scalp with your fingertips. Continue this at length, then move on to other foreplay, then to intercourse. Throughout, however, keep your fingers moving through her hair in this special erotic place.

## Interlude No. 102

### WEEKEND RENDEZVOUS

#### *Instructions to him:*

Treat your lady to a rendezvous at a hotel this weekend.

Make reservations at one of your city's best hotels. (Many have special weekend packages for couples.) Check in on Friday night and spend the entire weekend in the hotel . . . dining, dancing, making love. Swim at the hotel pool. Have drinks in the cocktail lounge. Dine in its fanciest restaurant. If the hotel has entertainment, be sure and catch the show. Have breakfast served in your room at least one day. And, make love at every opportunity (there should be plenty!). Return home Sunday night completely satiated and relaxed.

## Interlude No. 103

### SNEAK PREVIEW!

#### *Instructions to her:*

On your way home from a party or an evening out, give your lover a preview of coming attractions.

Take his hand and massage it gently. Kiss the palm, and run your tongue over and around each finger. Now take one finger in your mouth and suck it. Roll it around your tongue. Repeat with the other fingers. Move your attention to his ear. Circle it with your tongue, then gently insert your tongue in the ear and move it in and out softly. Breathe in against his wet ear, don't blow in it. Return to his fingers, then back to his ear. Alternate this until you arrive home. He will most likely take the lead from there.

## Interlude No. 104

### INNER SANCTUM

#### *Instructions to him:*

The next time you make love to your lady, spend some time on her inner thighs . . . you can tease her to great heights this way. Kiss, lick and nibble each of her inner thighs, approaching but not touching her pubic area. Move in closer, kissing and tonguing the entire area, yet still avoiding her vagina and clitoris. Caress her inner thighs lightly. Intersperse the kissing and tonguing with gentle bites. Finally, turn your full attention to the center of her sex and bring her to a climax.

## Interlude No. 105

### THE KISS

#### *Instructions to him:*

Your lady is tired tonight and not in the mood for complicated sex. This is a great time to enjoy sex in its simplest form: The Kiss.

Tell her that you don't want to make love, but that you just want to kiss and hold her. Then do just that. Explore all possibilities of the kiss. Alternate gentle, no-tongue kisses with deep, probing French kisses. Run your tongue over her lips and bite her lower lip gently. Kiss her eyelids, her cheeks, her forehead, and return to her lips. Kissing is a pure way of saying: "I love you and want you just as you are."

## Interlude No. 106

### *STRIP POKER*

#### *Instructions to both:*

So you're in a playful mood? The computer will tell you the rules of this sexy game.

## Interlude II

A sequel to Interlude is under consideration. You are invited to submit your favorite Interlude for possible publication. (It must be different from the Interludes in this manual.) If your Interlude is chosen for publication in Interlude II, you will receive a free copy of the Interlude II program.

Send your submissions to:

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